

FIG. 1
Conventional art

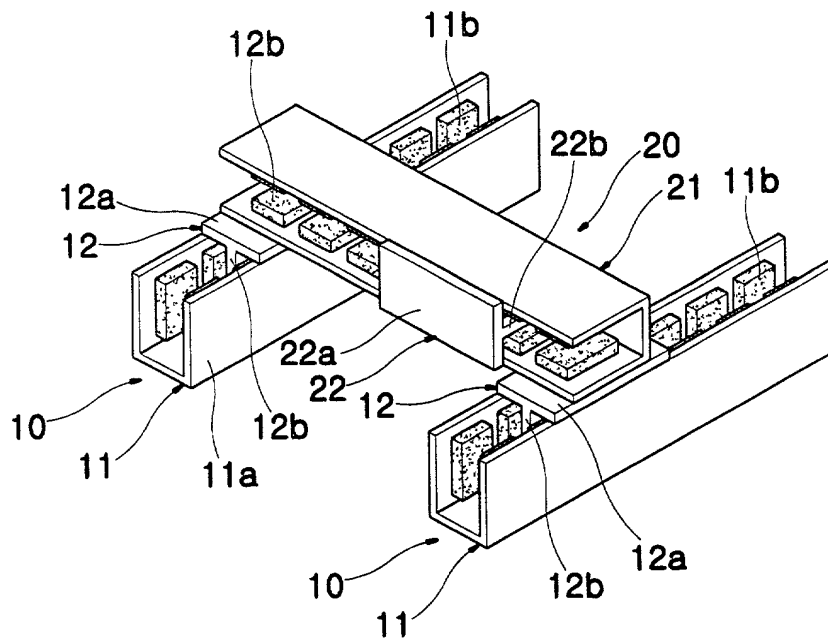


Table 1. Demographic characteristics of the study population	
Age (years)	65.0 ± 10.0
Gender	
Male	50 (50.0%)
Female	50 (50.0%)
Education (years)	12.0 ± 2.0
Marital status	
Married	40 (80.0%)
Single	10 (20.0%)
Occupation	
Retired	40 (80.0%)
Unemployed	10 (20.0%)
Income (USD/month)	1,200 ± 300
Health status	
Good	40 (80.0%)
Poor	10 (20.0%)
Comorbidities	
Hypertension	30 (60.0%)
Diabetes	20 (40.0%)
Cholesterol	15 (30.0%)
Smoking status	
Smoker	10 (20.0%)
Non-smoker	40 (80.0%)
Alcohol consumption	
Regular	5 (10.0%)
Occasional	15 (30.0%)
Never	30 (60.0%)
Family size	3.0 ± 1.0
Living alone	5 (10.0%)
Living with family	45 (90.0%)
Access to healthcare	
Regular	35 (70.0%)
Irregular	15 (30.0%)
Health insurance	
Yes	40 (80.0%)
No	10 (20.0%)
Medication adherence	
High	30 (60.0%)
Low	20 (40.0%)
Physical activity	
Regular	25 (50.0%)
Irregular	25 (50.0%)
Dietary habits	
Healthy	30 (60.0%)
Unhealthy	20 (40.0%)
Sleep patterns	
Regular	35 (70.0%)
Irregular	15 (30.0%)
Stress levels	
Low	20 (40.0%)
High	30 (60.0%)
Overall health score	75.0 ± 15.0

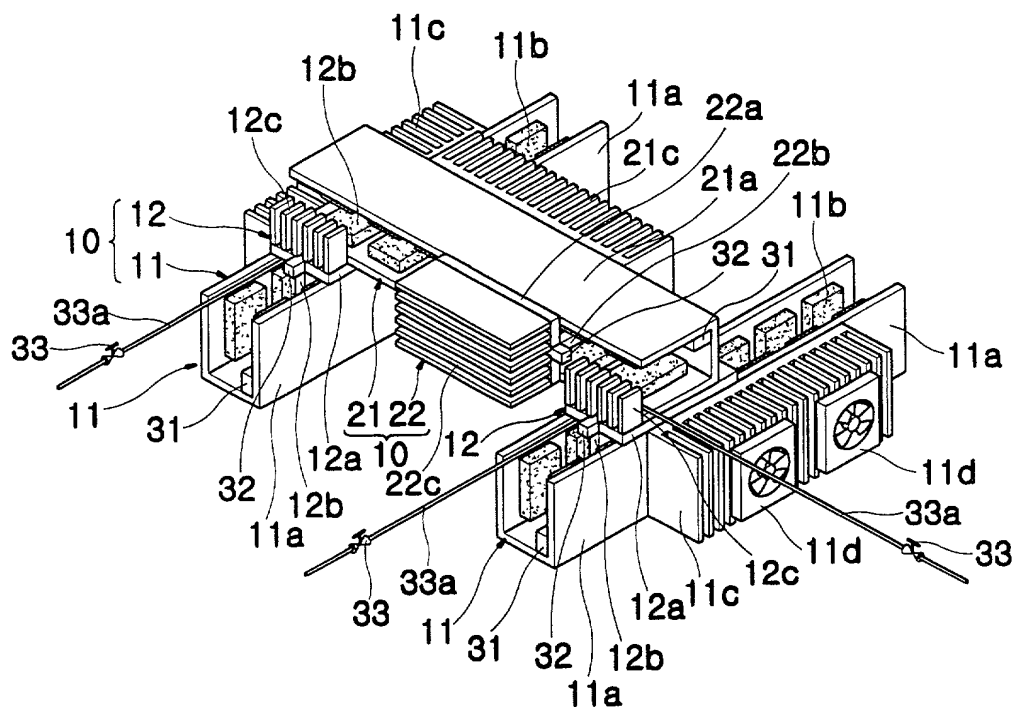


FIG. 3

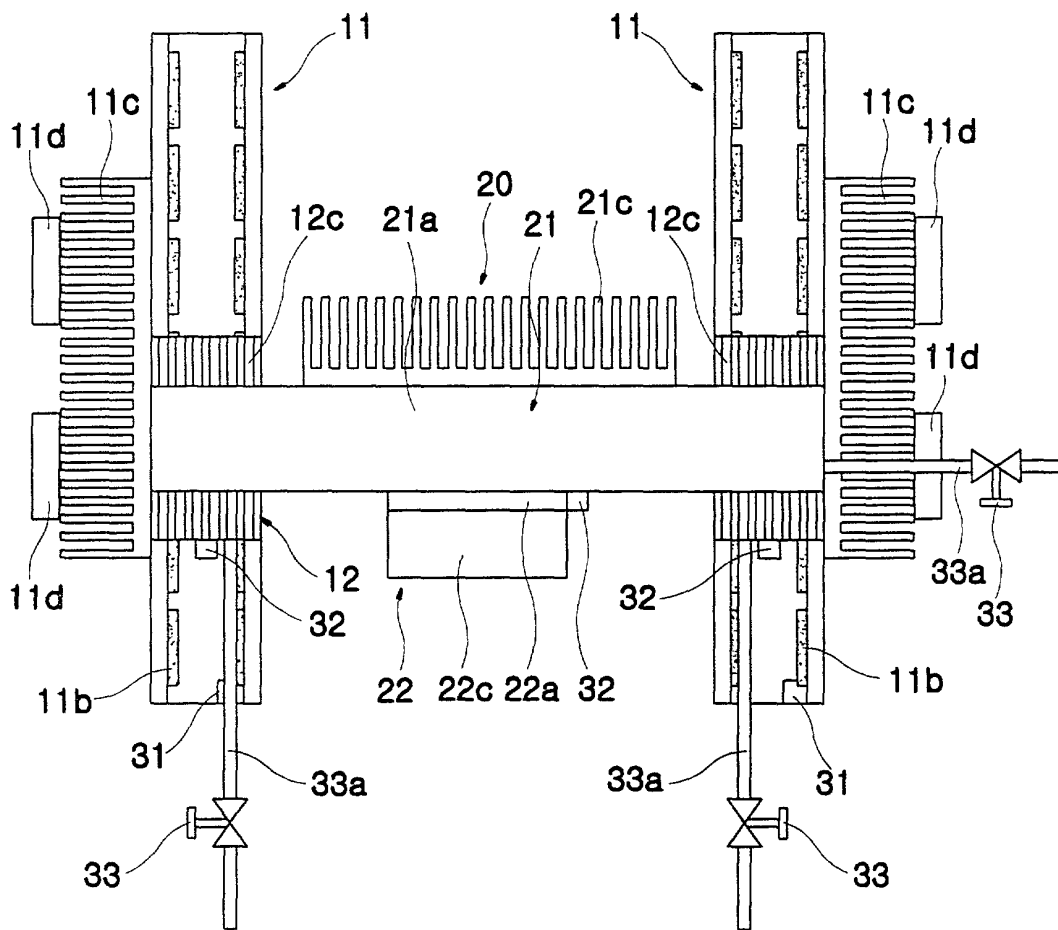


FIG. 4

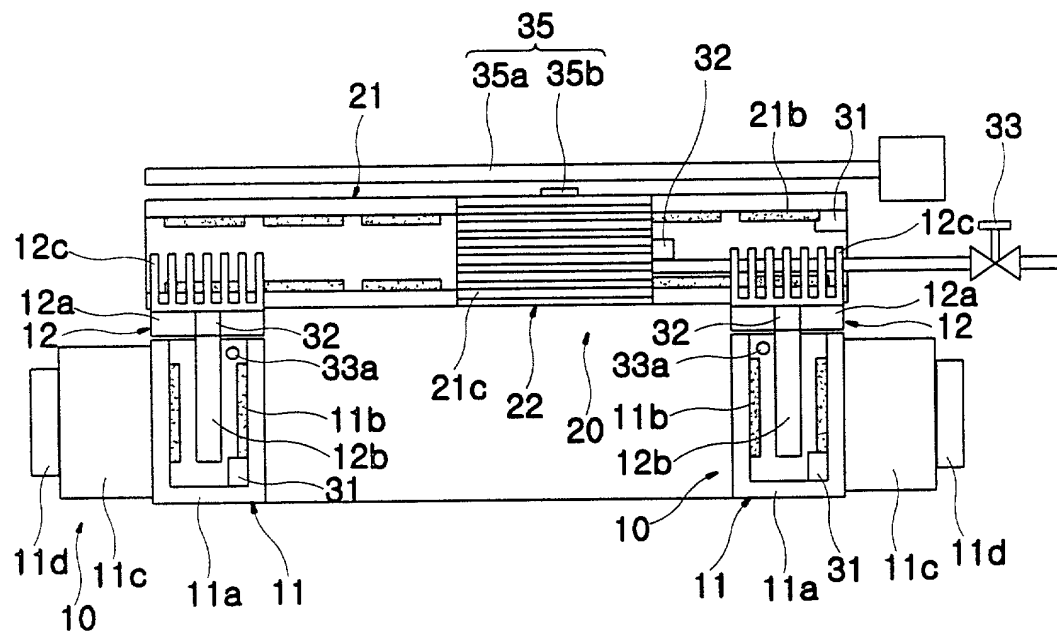


FIG. 5

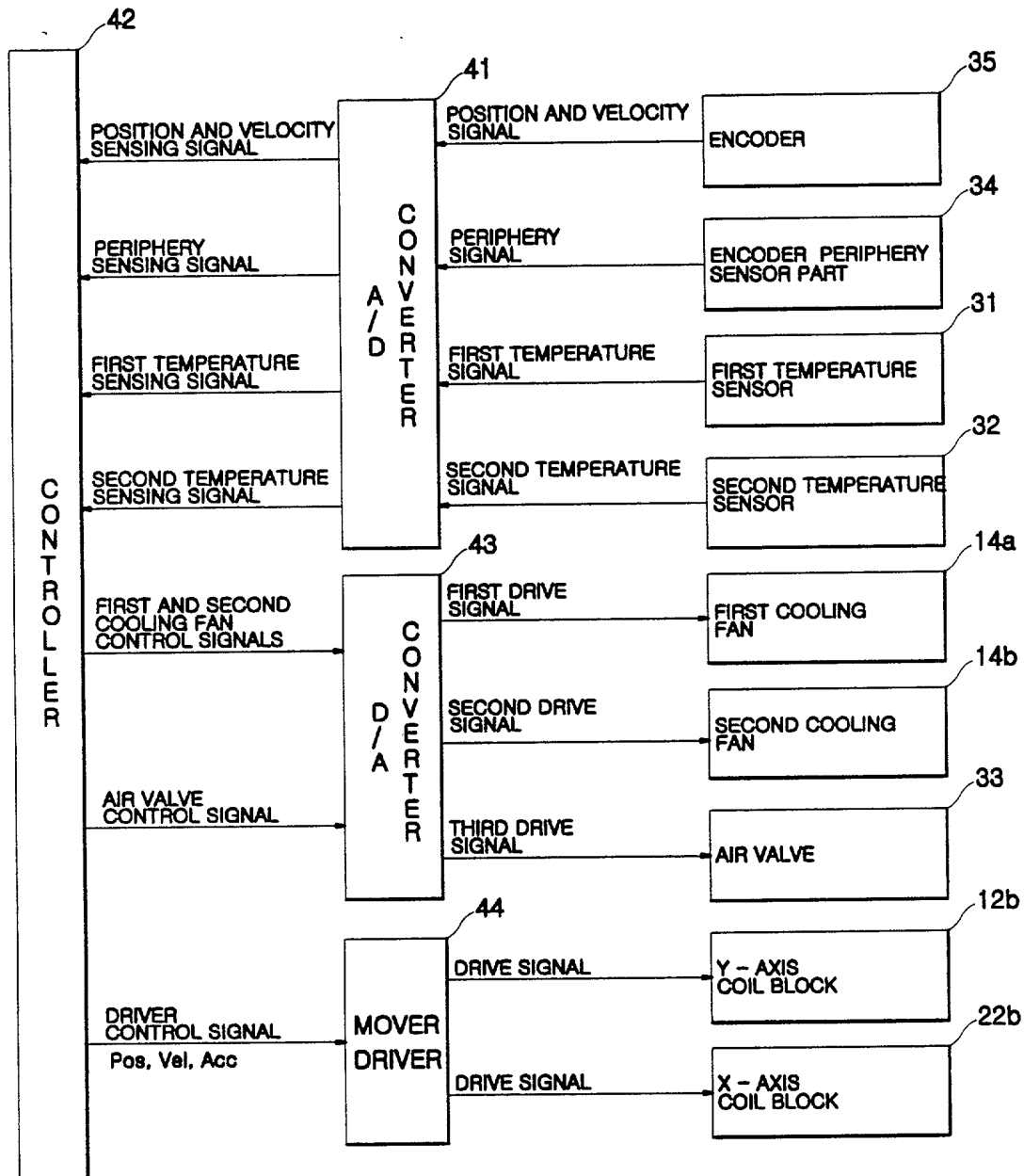


FIG. 6

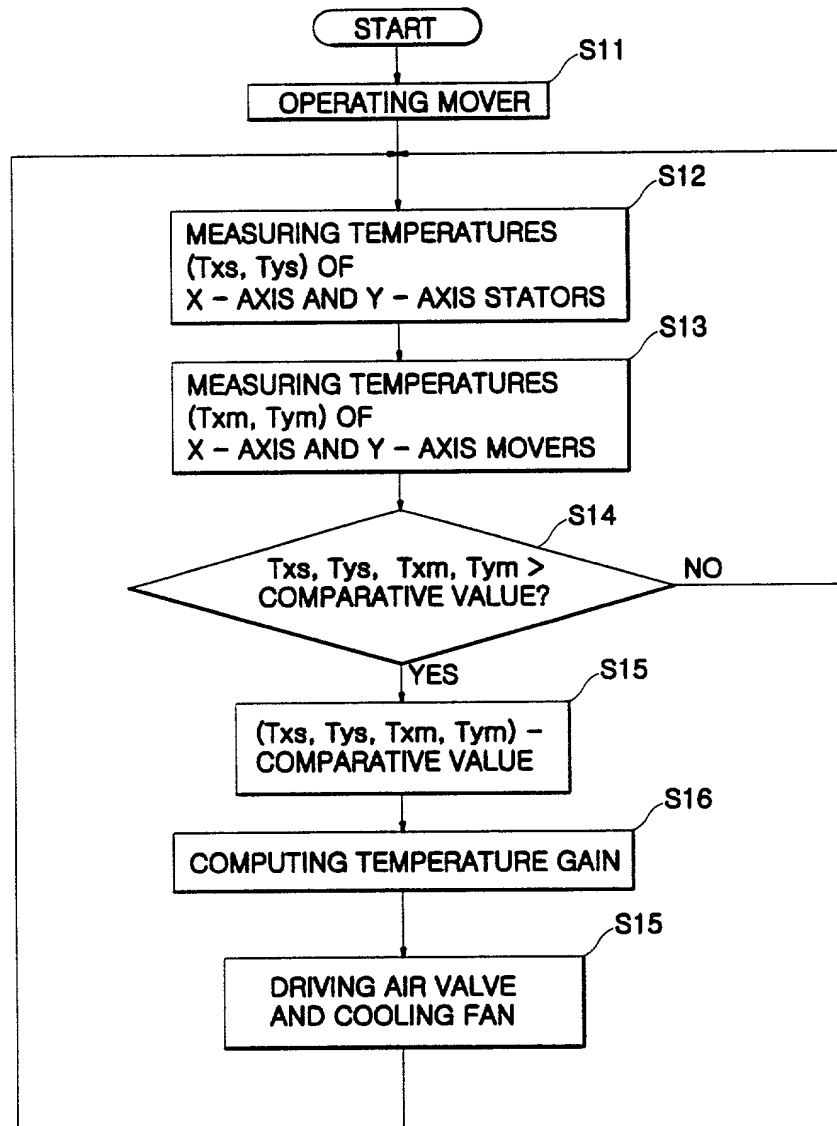


FIG. 7

